Join ESRF - Web Site at: http://easternshorerecoveryfoundation.com/ - WiFi for members - YOUR DUES ARE TAX DEDUCTIBLE



" COMMON GROUND " Meeting Schedule

Effective: 09 Feb 2020

8162 Well Road, P. O. Box 1796, Daphne, AL 36526-1796 Web Site: http://easternshorerecoveryfoundation.com/

ATTENTION: OUT OF RESPECT FOR EACH GROUP MEMBER ATTENDING MEETINGS AT COMMON GROUND WE REQUEST THAT ALL CELL PHONES BE Switched to vibrate or turned off DURING MEETINGS. IF YOU NEED TO TAKE OR MAKE A CALL OR TEXT PLEASE TAKE THE ACTIVITY OUTSIDE OF THE MEETING IN PROGRESS

| | | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------------------|--|--------------------------|----------------------------------|---------------------------------|------------------------------------|-----------------------------------|---------------------------------------|--|
| AA | SERENITY GROUP | 7:30 AM;1,O,D | 7:30 AM;1,O,D | 7:30 AM;1,O,D | 7:30 AM;1,O,D | 7:30 AM;1,O,D | 7:30 AM;1,O,D | 7:30 AM;1,O,D |
| AA | DAYTIMER'S GROUP | 10:30 AM; 1,O,D | 11:30 AM; 1,O,D | 11:30 AM; 1,O,D | 11:30 AM; 1,O,12&12 | 11:30 AM; 1,O,D | 11:30 AM; 1,O,D | 11:30 AM; 1,O,D |
| AA | Men's Crosstalk Group | | 7:30 PM; 1,C,D | | | | | |
| AA | HAPPY HOUR GROUP | 6:00 PM;1,O,BB | 6:00 PM; 1,O,D | 6:00 PM; 1,O,D | 6:00 PM; 1,C,D | 6:00 PM; 1,O,D | 6:00 PM; 1,O,12&12 8:00 PM; 1,O,SP | 6:00 PM; 1,O,D Except last Sat of month |
| AA | Medallion Eating Meeting | (Last Sat of month) | | | | | | 6:30 PM; 5,O,SP |
| AA | AA Inter Group Speaker Meeting | (Quarterly on third Frid | lay of month) | | | | 7:00 PM; 1,O,SP | |
| AA | Regular District 23 Meeting | 4:00 PM;3,O,D | (First Sun of month) | | | | | |
| AA | Wednesday Night Variety Hour | | | | 5:30 PM; 3,C,V | | | |
| AA | Women's 12 & 12 Study Group | | | 10:00 AM; 1,O,D | | | | |
| AA | Big Book Study Group (Sun) | 7:30 AM;4,O,BBS | | | | | | |
| AA | IDAA AA Group (Doesn't meet the 1st Tuesday of the month) | | | 6:30 PM; 3,C,D | | | | |
| | | | | | | | | |
| RR | Back to the Basics of Recovery (Sun) | 10:30 AM; 4,O,BTTB | 1:30 PM;4,C,RR 3:00 PM;4,C,RR | 1:30 PM; 4,C,RR | 1:30 PM; 4,C,RR | 1:30 PM;4,C,RR 3:00 PM;4,C,RR | | |
| RR AFG | Back to the Basics of Recovery (Sun) ALANON Our Place (Monday) | 10:30 AM; 4,O,BTTB | | 1:30 PM; 4,C,RR | 1:30 PM; 4,C,RR | | | |
| | , , | 10:30 AM; 4,O,BTTB | 3:00 PM;4,C,RR | 1:30 PM; 4,C,RR | 1:30 PM; 4,C,RR 11:30 AM; 4,O,D | | | |
| AFG | ALANON Our Place (Monday) | 10:30 AM; 4,O,BTTB | 3:00 PM;4,C,RR | 1:30 PM; 4,C,RR | | | | |
| AFG AFG | ALANON Our Place (Monday) ALANON (Wednesday) | 10:30 AM; 4,O,BTTB | 3:00 PM;4,C,RR | 1:30 PM; 4,C,RR | | 3:00 PM;4,C,RR | | |
| AFG AFG | ALANON Our Place (Monday) ALANON (Wednesday) ACOA ALANON (Thursday) | 10:30 AM; 4,O,BTTB | 3:00 PM;4,C,RR | 1:30 PM; 4,C,RR | | 3:00 PM;4,C,RR 11:30 AM; 4,O,D | 6:30 PM; 2,O,D | |
| AFG AFG AFG | ALANON Our Place (Monday) ALANON (Wednesday) ACOA ALANON (Thursday) ALANON Gathering (Thursday) | 10:30 AM; 4,O,BTTB | 3:00 PM;4,C,RR | 1:30 PM; 4,C,RR 8:00 PM; 1,D | | 3:00 PM;4,C,RR 11:30 AM; 4,O,D | 6:30 PM; 2,O,D 8:00 PM; 2,BS | |
| AFG AFG AFG CMA NA | ALANON Our Place (Monday) ALANON (Wednesday) ACOA ALANON (Thursday) ALANON Gathering (Thursday) Crystal Meth CMA Group | | 3:00 PM;4,C,RR | | | 3:00 PM;4,C,RR 11:30 AM; 4,O,D | | |
| AFG AFG AFG CMA NA | ALANON Our Place (Monday) ALANON (Wednesday) ACOA ALANON (Thursday) ALANON Gathering (Thursday) Crystal Meth CMA Group ODAAT | | 3:00 PM;4,C,RR | | 11:30 AM; 4,O,D | 3:00 PM;4,C,RR 11:30 AM; 4,O,D | | |
| AFG AFG AFG CMA NA NAR-A | ALANON Our Place (Monday) ALANON (Wednesday) ACOA ALANON (Thursday) ALANON Gathering (Thursday) Crystal Meth CMA Group ODAAT NAR-ANON | | 3:00 PM;4,C,RR | | 11:30 AM; 4,O,D | 3:00 PM;4,C,RR 11:30 AM; 4,O,D | 8:00 PM; 2,BS | |
| AFG AFG AFG CMA NA NAR-A | ALANON Our Place (Monday) ALANON (Wednesday) ACOA ALANON (Thursday) ALANON Gathering (Thursday) Crystal Meth CMA Group ODAAT NAR-ANON Friday Recovery Group | | 3:00 PM;4,C,RR | 8:00 PM; 1,D | 11:30 AM; 4,O,D | 3:00 PM;4,C,RR 11:30 AM; 4,O,D | 8:00 PM; 2,BS | |

KEY: Common Ground East Building: 1 = Big Room front East side; 2 = Small Room front West Side; 3 = Back Room South End; 4 = Common Ground II; 5 = Common Ground III "New Building in Back"

GROUPS: AA= Alcoholics Anonymous; AFG = Alanon Family Groups: Alanon/ACOA/Alateen; NA= Narcotics Anonymous; OA= Overeaters Anonymous. RR= Room Reserverd;

BTTB= Back to the Basics AA 12 Steps; WS= Workshop; CM= Committee Meeting; SAA= Sexaholics Anonymous; SLAA= Sex & Love Addicts Anonymous; CMA= Crystal Meth Anonymous

O= Open (Any one may attend) C=Closed (Attendance limited to those desiring to stop drinking) D=Discussion; SP=Speaker; 12&12=12&12 Book Study; Beg=Beginners; V=Variety Common Ground" is a non-smoking facility. Benches & chairs have been designated for meetings and fellowship for those who wish to smoke outside on the front or back decks.

More chairs may be taken outside, if needed, ESRF welcomes everyone who has a desire to recover from their addiction or has friends or family who have a problem with an addiction.

Eastern Shore Recovery Foundation is a 501(c)(3) non-profit, charitable corporation serving our community since 1986 whose sole purpose is to provide a meeting place for those wishing to recover from their addictions.

The "Common Ground" facility was built for this purpose. Anyone wishing to become a member of ESRF may do so by paying \$10 per month or \$120 per year.

Monies from ESRF dues are used solely to maintain "Common Ground". Please put the money in an envelope and write your name and "ESRF DUES" on the inside and drop in hallway wall safe or mail to: E.S.R.F., P.O. Box 1796, Daphne, AL 36526-1796.

PLEASE NOTE: Bulletin Boards have been provided in the hall behind the coffee machine for each group holding meetings in the building.

ESRF asks all groups maintain a current telephone list of active members who will be responsible for opening, closing, and cleaning up after meetings as well as providing contacts.

Any group wishing to start a 12 step meeting is welcome to contact a ESRF Board member listed in window next to front door entrance.

Amenties provided by ESRF: 4 meeting rooms (non-smoking), Central HVAC, Lighting, Handicap access, 3 outside porches where smoking is permitted, Buildings Maintenance,

WFI, 2 clean rest rooms within each bldg, Picnic table, Horseshoes, Volleyball net, Free meeting schedules & informational brochures located in Common Ground 1 hallway.

"COMMON GROUND" IS A ALCOHOL, DRUG, SMOKE, PET, & FIREARM FREE FACILITY FOR 12 STEP RECOVERY MEETINGS.

EsMgt 09 Feb 2020 09-Feb-20